

## **CMS endorses Acute Rehabilitation for PMB conditions – entitling your patient to comprehensive acute rehabilitation.**

***Life Rehabilitation negotiates all-inclusive global fee tariffs for patients, ensuring that they have access to care without depletion of their savings on discharge from the acute hospital.***

Please contact our dedicated teams to assist in preparing supportive documentation and liaising with the medical schemes and medical advisors to ensure your patients have access to acute rehabilitation care.

In an effort to support patients and promote access to affordable healthcare, **Life Rehabilitation** facilities have contracted with medical schemes, negotiated and agreed upon all-inclusive global fee tariffs. This ensures that your patients are protected from their medical savings being depleted on discharge and that financial strain is minimised due to co-payments.

At the same time, **Life Rehabilitation** is offering support to specialists' in preparing supportive documentation and liaison with medical schemes, their case managers and medical advisors.

This comes as a result of the Council for Medical Schemes (CMS) circular earlier this year, stating that patients must receive the necessary rehabilitative support they require, particularly where a Prescribed Minimum Benefit (PMB) condition exists.

**Life Rehabilitation** facilities comply with CMS's pre-requisites for goal measurement, based on the international FIM™ score and international classification of functioning, disability and health framework advocated by the World Health Organisation (WHO). This ensures that our processes are optimised and benchmarked against global best practice. Our ISO 9001:2008 accreditation makes us the only quality certificated network group of rehabilitation units in South Africa.

According to CMS's Clinical Review Committee, the following conditions requiring rehabilitation should be included as PMB level of care:

- Brain disorders and injuries such as stroke; multiple sclerosis and intracranial haemorrhage
- Chronic pain caused by cancer or any other condition
- Major bone or joint surgery necessitated by fractures, trauma or limb amputation
- Severe rheumatoid arthritis
- Severe weakness after recovering from a serious illness, for instance heart and respiratory failure or infections
- Spinal cord injuries
- Major trauma, after an accident such as a motor vehicle accident
- Difficulty in breathing, eating, swallowing, bowel or bladder control due to non-progressive neurological (including spinal) condition or injury

CMS acknowledges that the PMB regulations do not clarify the requirements for rehabilitation and when rehabilitation should be completed as part of the recovery process. However the office of the registrar has implemented a directive that says: "Rehabilitation must be funded whilst there is a functional benefit in the therapy for the member."

If you experience any medical scheme funding challenges for patients who require therapy at an appropriate rehabilitation facility specialising in acute rehab for spinal cord, neurological, stroke, orthopaedic, cancer and medical debility following an acute illness, you are welcome to contact us on 011 2199463, 011 2199626 or visit [www.lifehealthcare.co.za](http://www.lifehealthcare.co.za)

Sincerely

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*Acute Rehabilitation; Renal Dialysis; Mental Health; Birth Basics; Diagnostic Services*